



Rtn. Francesco Arezzo  
RI President 2025-26



**Rotary**  
CLUB OF AMBALA  
(We Are One)



Rtn. Ravi Parkash  
District Governor 2025-26

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# AMBALA ROTARIAN

The Fortnightly Bulletin of Rotary Club of Ambala

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Rtn. Sandeep Gupta

## Permanent Sp. Invitee

PP Rtn. Naresh Bhardwaj

PP Rtn. Ajay Mittal

PP Rtn. Ravi Dhawan

## खाड़ी युद्ध के पड़ते प्रभाव की वास्तविकता को जानिए ।

इजरायल-अमेरिका-खाड़ी देशों एक ओर तथा ईरान व उसके सहयोगियों दूसरी ओर — इस भीषण युद्ध को चलते एक मास से अधिक हो चुका है। एक जड़ से निकले तीन पेड़ — इसाई, मुस्लिम और यहूदी — के बीच का संघर्ष प्राचीन है।

**एक जड़ तीन डालें, फिर भी लड़ें आपस में,  
धर्म के नाम पर जलें, भूलें अपना मूल रिश्ता।**

द्वितीय विश्व युद्ध के बाद संयुक्त राष्ट्र और अन्य अंतरराष्ट्रीय मंचों की बार-बार कोशिशों के बावजूद स्थिति वही है—'दर्द बढ़ता गया ज्यों-ज्यों दवा की।' अब तो सभी पक्ष एक-दूसरे को नेस्तोनाबूद करने पर तुले हैं। अफवाहों का बाजार गर्म है, हर पक्ष विरोधी का हौसला तोड़ने को बेताब। बेशर्मी की हद यह कि उच्च संवैधानिक पदों पर बैठे राष्ट्राध्यक्ष भी गिरगिट की तरह रंग बदलते हैं—सुबह कुछ, दोपहर कुछ, शाम कुछ और रात कुछ।

हमारा तेल तथा गैस इन्हीं क्षेत्रों से आयात होता है। लाखों-करोड़ों भारतीय नागरिक वहीं कमाकर अपनी अर्जित आय का बड़ा हिस्सा परिवारों के भरण-पोषण और देश की अर्थ व्यवस्था को मज़बूत करने के लिए भारत भेजते हैं। वर्तमान युद्ध ने हमारे श्रमिकों को बेरोजगार होकर लौटने पर मजबूर कर दिया है। तेल-गैस की कीमतें आसमान छू रही हैं। हर व्यक्ति परेशान है — युद्ध कब थमेगा, सामान्यता कब लौटेगी?

मीडिया के अपने स्वार्थ और सीमाएं हैं। टीआरपी की चिंता में चैनल बिना रुके बोलते रहते हैं—एक ही बात को घुमा-फिराकर। चैनलों की भरमार में नयापन कहां?

ऐसे में कोई योग्य वक्ता जो भारत में जन्मा-पढ़ा हो, भारत तथा खाड़ी देशों में महत्वपूर्ण पदों पर लंबे समय

### Speaker's Profile



Mr. Harish Goel, a native of Ambala is son of a former Rotarian Sh. Brij Goel. After doing his graduation in Chemical Engineering from Punjab University, he had a long stint with premier PSU, ONGC. He has a vast experience of 36 years in oil and gas industry in India, Africa and the Middle East. Serving in Qatar for the last many years and having deep knowledge of oil and gas, Harish is well aware of the ground realities. He also understands the dynamics of the underlying play of energy and power.

से कार्यरत हो, और समय-समय पर अपने देश भारत आता-जाता हो — वहां की सच्चाई बयां करने वाला इनसे बेहतर कौन होगा ?

यह ठीक है कि स्थिति इस समय बेहद निराशा जनक है। कोई रास्ता नज़र नहीं आ रहा किन्तु मानवता के लिये यह स्थिति नई नहीं है। बार-बार हम फंसते हैं पर निकल भी आते हैं। किसी कवि ने कहा है

अंधेरा कितना भी गहरा हो, सूरज जरूर उगेगा,  
शांति की बेला आएगी, धैर्य से सब संभलेगा।

- सुभाष बंसल

### Programme

## A Talk on

# Prevailing Situation in Gulf

by Shri Harish Goel.

### When & Where

Friday, 10th April, 2026

Time : 6:30 pm

Kumari Rukmani Devi Memorial Hall,  
Railway Road, Ambala Cantt.

## पिछली मीटिंग : स्वास्थ्य सम्बन्धी समस्याओं पर रोचक एवं उपयोगी वार्ता ।

इस मीटिंग में डॉ० जयदेव मेमोरियल रोटरी अंबाला हॉस्पिटल के सुप्रसिद्ध चिकित्सकीय परामर्शदाता डॉक्टर रेशम सिंह, डी एन बी, एम डी, जनरल मेडिसिन, ने वरिष्ठ नागरिकों की स्वास्थ्य संबंधी समस्याओं पर एक रोचक वार्ता दी। उन्होंने बताया कि खान - पान, व्यायाम, योग एवं ध्यान, रेगुलर मेडिकल चेक - अप्स, आदि से बुजुर्ग लोग स्वास्थ्य संबंधी अपनी समस्याओं पर पर्याप्त सीमा तक नियंत्रण रख सकते हैं। धैर्य, संतोष, सहनशीलता, आदि गुणों को अपना कर वे स्वयं के लिए परिवार से प्रेम और सम्मान प्राप्त कर सकते हैं।

इस आयु में होने वाले आम रोगों जैसे शूगर, थायराइड, पेट व गैस संबंधी रोग, अनिद्रा, स्मृति - दोष, हड्डियों की कमजोरी, शारीरिक असंतुलन आदि की समस्याओं के संबंध में चेतना आवश्यक है। इस सम्बन्ध में लगातार अपने फॅमिली



डॉक्टर से सलाह लेते रहना और उसके अनुसार दवा का सेवन आवश्यक है। खुद के इलाज या अकुशल डॉक्टर पर निर्भर रहना हानिकारक हो सकता है।

इसके पश्चात् श्रोताओं द्वारा पूछे गए प्रश्नों का उन्होंने ने काफी विस्तार से उत्तर दिया।

- सुभाष बंसल

### Election for DGND RI District 3080 for 2028-29

Please find enclosed herewith the prescribed form for election of District Governor Nominee Designate (DGND), who shall serve as the District Governor for Rotary Year 2028–29.

The election shall be held at a District Legislation Meeting convened for this purpose, following the balloting procedure as prescribed by Rotary International.

The details of the meeting will be informed in due course. The duly filled form, signed by the President and Secretary of the Club and also by the Candidate, should be sent by Registered Post to the undersigned at the address given in the form, so as to reach no later than 17:00 hours on 02.05.2026. Additionally, a soft copy of the same should be sent via email to rp.roorkee@gmail.com.

The last date for withdrawal of nomination by the candidate is 17:00 hours on 04.05.2026. Detailed instructions for filling the form are provided within the form itself. Kindly ensure that the form is completed correctly in all respects. Incomplete or erroneous forms shall be rejected.

### Election for Representative to the C.O. L.

I hereby notify the election of the Representative to the Council on Legislation. Please find enclosed herewith the prescribed form and relevant references for the election of the Representative to the Council on Legislation.

The election shall be held at a District Legislation Meeting convened for this purpose, following the balloting procedure as prescribed by Rotary International. The details of the meeting will be informed in due course.

The duly filled form, signed by the President and Secretary of the Club and also by the Candidate, should be sent by Registered Post to the undersigned at the address given in the form, so as to reach no later than 17:00 hours on 02.05.2026. Additionally, a soft copy of the same should be sent via email to rp.roorkee@gmail.com. The last date for withdrawal of nomination by the candidate is 17:00 hours on 04.05.2026. Detailed instructions for filling the form are provided within the form itself. Kindly ensure that the form is completed correctly in all respects. Incomplete or erroneous forms shall be rejected.

**Rtn. Ravi Prakash, District Governor, RID 3080 (2025-26) +91 9837062750**

**I LOOK FORWARD TO FRIDAYS**

**Hamara Rotaract Parivar (HRP-6)**

PP Rtn Dr Vinay Kumar Malhotra and PP IW Dr Neena Malhotra attended 6th Hamara Rotaract Parivar (HRP-6) meeting at Varanasi and Ayodhya from 19th to 22 March 2026. In March i.e. youth activities month this conference was organised to commemorate the



birth of Rotaract movement. It is an annual event of Past District Rotaract Representatives (PDRRs). PP Rtn Vinay Malhotra was also District Rotaract Representative (DRR) in the year 1980-81. This conference was attended by the PDRRs from all over India as well as abroad—Dubai, Oman, Mumbai, Surat, Sholapur, Surat ,Ahmedabad, Guwahati, Lucknow, Bathinda, Bengaluru, Ambala etc. There Rtn Vinay Malhotra sung a self-composed bhajan on Lord Rama and presented gifts to all the participants.

**A Celebration of Vision, Unity, and Action**



The Cluster Meet West Haryana 2.0, hosted by AGs and ZLF of Zones 16 and 17, was an inspiring gathering marked by nearly 100% attendance from five zones.

Deputy Governor Naresh Bhardwaj set the tone by sharing the purpose of the day. Each AG presented their plans, project proposals, and achievements, while ZLF updated members on the district directory data.

Past District Governor VP Kalta shared his vision for membership growth and retention, and DISC Dr. Sanjay Kalra elaborated on PELS, SELS, and TRF giving. DES Nitin Kapur guided attendees on registration and reporting protocols.

District Governor Elect Dr. Rita Kalra inspired the assembly with her vision for Team Unstoppables, weaving stories and action plans for success.

District Secretary Deepak Gupta expressed gratitude and beautifully summarized the proceedings. The meet concluded with felicitations for all attendees, celebrating the presence of about 35 dedicated Rotarians.

**-Naresh Bhardwaj**

**CPR Training at G.M.N. College**



**Congratulations**

Rotary Club , Ambala is immensely proud to share that our esteemed member, Rotarian CA Neeraj Jain, has been appointed as an Independent Director of Haryana Vidyut Prasaran Nigam Ltd (HVPNL ) by the Government of Haryana. We extend our sincere gratitude to Cabinet Minister Shri Anil Vij ji for his support and vision in this appointment. Rtn. Neeraj will bring his expertise to HVPNL's strategic planning and financial excellence in power sector .



**Our Ambassador of Goodwill**



**YOUR ATTENTION PLEASE !  
CLUB DIRECTORY FOR THE YEAR 2025-26**

Rotary Club of Ambala is going to print its members directory this year.

Project Leaders are Rtn. Rishi Jiwan Gupta and Rtn. Neeraj Bansal. They are in touch with the members for directory data. Members are requested to coordinate with them and provide complete support. Members desirous of giving advertisement in the directory can also contact the project team or President Rtn. Dr. Sanjeev Goel & Secretary Rtn. Ankush Gupta.

**Tariff for Directory :-**

Inner Title Page (2) multicolored - Rs. 15000-00  
Inner page multicolored Rs. 10000-00.

**ROTARY CONNECTING ACROSS BORDERS**

**Rtn. Sandeep S. Chopra**  
Rotary Club of Ambala  
Rotary Distt. 3080

**Dr. Prof. Irina G. Shestakova**  
President  
Rotary Club Saint Petersburg  
International  
& Astd. Gov Saint Petersburg  
(Rotary District 2223)

**@ St. Petersburg, Russia**

*Happy Birthdays*

29 March

07 April

08 April



Rtn. Munish Dhall  
9466484318



Rtn. Sunil Aggarwal  
9812026381



Rtn. Jagjivan Pal Singh  
9991147747



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- Henry David Thoreau

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Mobile: +91 98551-71997, 98880-03950, 99142-33657, 81465-30003

**FRIDAY FRIENDSHIP FELLOWSHIP UN DAY**